

4-7 years: Multisport Session



Based on the physical literacy framework to develop fundamental movement skills, these fun and interactive game-based sessions will encourage children to be confident in physical activity, to try new things and to use sports equipment. These sessions are designed for children to interact with their peers and are a great opportunity to learn skills like teamwork, sharing, coping with winning and losing, and resilience. Each session will include songs, games and activities that are based on different sports. Each child will receive an attendance card and a certificate at the end of the block.

Mold Leisure Centre: Thursday 5-6pm

Spaces are limited so booking is essential.

Book a 6-week block by ringing:

Mold Leisure Centre – 01352 704330

Buckley Leisure Centre – 01352 704290

Jade Jones Pavilion, Flint – 01352 704301

Next block
begins 13th
Jan '22

£4 per
session



sportwales
chwaraeoncymsu

