



January 2022

Please be careful as we have clinically vulnerable people and pupils around us.

If your child has any symptoms please ensure they have a lateral flow/PCR

The three main symptoms of COVID-19 are:

- Persistent cough
- High Temperature
- Loss of taste or smell

Many people/children can be asymptomatic and show no symptoms at all therefore should they be identified as a close contact please abide by government guidance and undertake Lateral flows for 7 days following close contact, this will help prevent the spread of the virus.

The symptoms below can also be Covid

- Headache
- Runny nose
- Light cold
- Sneezing
- Sore throat
- Sickness/Diarrhoea

If you have any doubt please do a PCR.

Please note that if your child is under the age of 5 years old they should not take COVID-19 tests unless directed to do so by a doctor or if you believe a test is absolutely necessary and in the best interests of your child. They should however remain off school if they have a high temperature/symptoms until it returns to normal and they feel better.

Self-isolation

Arrangements on self-isolation have changed. All over 18s who are fully vaccinated (having received two full doses of an approved vaccine) and children aged 5 to 17 are now asked to take lateral flow tests (LFTs) every day for 7 days if they are identified as a contact of a positive COVID-19 case. This is known as 'Daily Contact Testing'. Please note that contacts of a positive case are unlikely to equate to an entire class/group

We ask politely that those undertaking Daily Contact Testing take their test before they arrive at school each day. These individuals do not need to self-isolate for that day unless they have a positive lateral flow test or develop symptoms. If they develop symptoms, they should book a PCR test as soon as possible.

Unvaccinated adults identified as a contact of a positive COVID-19 case must isolate for 10 days.



Positive Covid Results

- Inform us by emailing postglanrafon@hwbcymru.net
- Ysgol Glanrafon will then inform parent/guardian by email
- Pupils who are a contact to do a LFT every morning before attending school for 7 days- if the test is negative the child can attend school.
- If there is one case in the class, then parents will receive this letter:



Hybysu Inform
1.pdf

- If there are 2 or more cases, then parents/guardians will receive this letter



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Warn Inform 2.pdf

Contact

You are considered a close contact if you have had any of the following contact with someone who has tested positive for COVID-19:

- Face to face contact including having a chat within 1 metre, or someone coughing on you
- Physical contact skin to skin for any period of time
- Contact within 1 metre for a minute
- Contact within 2 metres for 15 minutes or more (either as a one off contact or over the period of the day)
- Travelling in the same car

Lateral Flow Test

The lateral flow tests are free. Please order from <https://test-for-coronavirus.service.gov.uk/order-lateral-flow-kits/condition> or collect from local pharmacies. We do have some at school if you cannot get hold of any. Please contact Mrs Jones Roberts in the office.