



Ionawr 2023

Annwyl Riant / Warchodwr

Mae Ysgol Glanrafon a Mrs Kinglsey Williams wedi yn croesawu ein ci 'lles' ysgol. Gwnaed y penderfyniad hwn yn dilyn ymchwil eang, trafodaeth gydag ysgolion eraill sydd â chi ysgol a chymeradwyaeth y Corff Llywodraethol.

Mae asesiad risg llawn wedi'i gwblhau sydd ar gael ar gais.

## Hoffwn gyflwyno ein Ci Llesiant Ysgol newydd o'r enw Hyni



Labrador yw Hyni ac mae hi'n byw gyda Mrs Kingsley Williams.

Mae Labradors yn:

1. yn cael eu hystyried yn hypoallergenig oherwydd nad ydynt yn colli llawer o flew.
2. yn cael eu hystyried yn ddeallus ac yn hawdd i'w hyfforddi.
3. yn gyffredinol yn gyfeillgar o gwmpas dieithriaid, annwyl ac addasadwy.

Mae Hyni wedi cael ei himiwneiddio a'i dilyngyru a bydd pob brechiad yn cael eu cadw'n gyfredol.

Rydym wedi ymchwilio ac gweld manteision cael ci ysgol:

1. Mae astudiaethau wedi dangos y gall presenoldeb anifeiliaid wella lles plant a lefelau pryder drwy wneud yr amgylchedd yn hapusach ac yn fwy pleserus.
2. Gellir defnyddio'r ci yn yr ystafell ddsbarth i dawelu ofnau a lleddfu pryderon.

Bydd Hyni yn yr ysgol am gyfnodau (ar ôl amser rhagarweiniol cychwynnol) a bydd wedi lleoli yn ystafell ELSA gyda Mrs Ceri Kingsley Williams. Pan fydd hi'n symud o gwmpas yr ysgol, bydd hi ar dennyn a bob amser gydag oedolyn. Gobeithio y bydd hi'n gallu cefnogi disgyblion gyda lles. Bydd y disgyblion ond yn gallu rhyngweithio â Hyni cyn belled nad oes rheswm pam na allant e.e. alergedd neu ofn cŵn. Rhowch wybod i ni drwy e-bost at [postglanrafon@hwbcymru.net](mailto:postglanrafon@hwbcymru.net) os oes gennych unrhyw bryderon.

Dros gyfnod, mae modd cefnogi disgyblion sy'n ofni cŵn wrth agosáu, trafod ac i fagu hyder wrth reoli eu hofn. Rydym yn trefnu i'r Dog's Trust ddod i mewn i'r ysgol ac i gynnal gwasanaeth i'r holl ddisgyblion ac gweithdai ar sut i Fod yn wybodus am gŵn.

Dros yr wythnosau nesaf bydd Hyni yn mynd o gwmpas y dosbarthiadau.

Os oes gennych unrhyw gwestiynau neu ymholiadau unigol, mae croeso i chi gysylltu â'r ysgol.

Diolch

January 2023

Dear Parent / Annwyl Rieni

Ysgol Glanrafon has decided to take on a school 'wellbeing' dog. This decision has been made following extensive research, discussion with other schools that have a school dog and approval of the Governing Body.

A full risk assessment has been completed which is available on request.


### **I'd like to introduce our new School Wellbeing Dog called Hyni**



Hyni is a Labrador and lives with Mrs Kingsley Williams.

Labradors typically:

- are considered hypoallergenic due to their low shedding.
- are considered intelligent and easy to train.
- are generally friendly around strangers, affectionate and adaptable.



Hyni has been immunised and wormed and all vaccinations will be kept up to date.

We have researched and seen the benefits of having a school dog:

- Studies have shown that the presence of companion animals can improve the wellbeing of children and lower anxiety levels, simply by making the environment happier and more enjoyable.
- Dogs in the classroom can be used to calm fears and relieve anxieties.

Hyni should be in school for parts of most days (after an initial introductory time) and her base will be in the ELSA room with Mrs Ceri Kingsley Williams. When she is moving around the school, she will be on a lead and always with an adult. We hope that she will be able to support pupils with well being. The pupils will only be able to interact with Hyni as long as there is no reason why they cannot e.g. allergy or scared of dogs. Please let us know by email to [postglanrafon@hwbcymru.net](mailto:postglanrafon@hwbcymru.net) if you have any concerns.

Over a period, pupils who are fearful of dogs can be supported in approaching, handling and in gaining confidence in managing their fear. We are arranging for the Dog's Trust to come into school and give all the pupils an assembly and or a workshop on how to Be Dog Smart.

Over the next few weeks Hyni will be going into classes.

If you have any individual questions or queries, please do not hesitate to contact school.



